

Oakbrook Terrace Dermatology Associates

Skin Type

One of the important parameters for the success of your treatment is the correct typing of your skin. Your doctor considers your skin type when planning any esthetic medical procedures- including Photofacial™, elimination of benign lesions, pigmentation, and hair removal with our Epilight™ Hair Removal System.

Skin type often categorized according to the Fitzpatrick skin type scale and ranges from very fair (skin type I) to very dark (skin type IV). The two main factors that influence skin type and treatment program devised by your doctor are **genetic disposition**, and **reaction to sun exposure**.

Skin type is determined genetically and is the one of many aspects of your overall appearance which also includes the color of your eyes, hair, etc. The way your skin reacts to tanning has a major impact on the evaluation of your skin color.

Please circle the appropriate answer for your skin. If your answer is not there, please choose the closest answer to your skin type.

Score	0	1	2	3	4
What is your natural hair color?	Sandy Red	Blonde	Chestnut/Dark Blonde	Dark Brown	Black
What is the color your skin?	Reddish	Very Pale	Pale with Beige Tint	Light Brown	Dark Brown
Do you have freckles on unexposed areas?	Many	Several	Few	Incidental	None
What color are your eyes?	Light Blue, Gray or Green	Blue Gray or Green	Blue	Dark Brown	Brownish Black
<u>Score for Genetic Disposition:</u>					
What is the result after you are in the sun too long?	Painful red, blisters, peel	Blistering then peeling	Burns, some peeling	Rarely Burns	Never Burn
To what degree do you turn brown?	Hardly or not at all	Light color tan	Reasonable tan	Tan very easily	Turn Dark brown
Do you turn brown within several hrs. of sun exposure?	Never	Seldom	Sometimes	Often	Always
How does your face react to the sun?	Very sensitive	Sensitive	Normal	Very Resistant	Never a problem
<u>Total For Sun Exposure:</u>					
Did you expose the area to be treated to the sun?	Never	Hardly ever	Sometimes	Often	Always
When did you last expose your body to sun?	More than 3 months ago	2-3 months ago	1-2 Months ago	Less than a month ago	Less than 2 weeks go
<u>Total for Tanning Habits:</u>					

Total Score for Patient _____

Skin Type Score: _____